



# February

## Elementary Breakfast Menu

Monday

Tuesday

Wednesday

Thursday

Friday



**3rd**  
Nutri-Grain Strawberry Cereal Bar with Chocolate Chip  
Oatmeal Bites  
Apple Slices  
Apple Juice  
Milk

**4th**  
Low Fat String Cheese With Strawberry Yogurt  
Chex Mix  
Apple Slices  
Apple Juice  
Milk

**5th**  
Whole Grain Poptart Cinnamon  
Bug Bites  
Fresh Banana  
Apple Juice  
Milk

**6th**  
Cocoa Puff Cereal Bar  
Bug Bites  
Apple Slices  
Apple Juice  
Milk

**7th**  
Whole Grain Cherry Frudel  
Fresh Banana  
Apple Juice  
Milk

**Rise, Shine and Eat a Healthy Breakfast!!**

**10th**  
Cinnamon Toast Crunch Cereal Bar  
Bug Bites  
Apple Slices  
Apple Juice  
Milk

**11th**  
Nutri-Grain Bar Strawberry  
Teddy Grahams  
Apple Slices  
Apple Juice  
Milk

**12th**  
Chocolate Chip Banana Benefit Bar  
Fresh Banana  
Apple Juice  
Milk

**13th**  
Whole Grain Poptart Cinnamon  
Bug Bites  
Apple Slices  
Apple Juice  
Milk

**14th**  
**In Service Day Schools Closed**

**A Good Breakfast Will Boost Your Brain and Body To Help You Take On The Day!**

**17th**  
**President's Day School Closed**

**18th**  
Trix Cereal Bar  
Teddy Grahams  
Apple Slices  
Apple Juice  
Milk

**19th**  
Whole Grain Bagel with Sunbutter  
Fresh Banana  
Apple Juice  
Milk

**20th**  
Cocoa Puff Cereal Bar  
Bug Bites  
Apple Slices  
Apple Juice  
Milk

**21st**  
Whole Grain Poptart Cinnamon  
Oatmeal Bite S'mores  
Fresh Banana  
Apple Juice  
Milk

**24th**  
Oatmeal Chocolate Chip Cereal Bar  
Teddy Grahams  
Apple Slices  
Apple Juice  
Milk

**25th**  
Nutri-Grain Apple Cereal Bar with Chocolate Chip  
Oatmeal Bites  
Apple Slices  
Apple Juice  
Milk

**26th**  
Whole-Grain Chocolate Crescent  
Fresh Banana  
Apple Juice  
Milk

**27th**  
Whole Grain Poptart Frosted Fudge  
Bug Bites  
Apple Slices  
Apple Juice  
Milk

**28th**  
Whole Grain Mini Cinni Roll  
Fresh Banana  
Apple Juice  
Milk



**Upper Darby School District Elementary Breakfast Menu - All Students Have Access to Breakfast At No Cost!!**



**Low Fat Milk and Fresh Fruit Offered with Every Meal**  
**Breakfast - A Great Way to Start Your Day**

Menu Items Do Not Contain Pork Product  
Menu Subject to Change without Notice

